

You deserve  
*Food things!*

*Let joy  
transform  
your life!*

The feel-great secret: starting and ending each day with a joyful thought! It sets the stage for happiness and success. It reminds you that life brings many more blessings than stresses. And it works wonders, because one positive thought always leads to another!

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# Hero in Uniform

Proof that it only takes one person to make a difference

**“One kind act is all it takes to create a ripple effect of love!”**

When 61-year-old Sharon Markle was struggling to mow her lawn in the hot sun one morning, Officer Bridgette Wilson stepped in to help—and sparked a domino effect of kindness that has touched hundreds of lives across the country!

Sharon Markle paused, gripping the handle of her lawn mower as sweat broke out on her forehead.

*I don't know how I'm going to get the rest of this yard done,* the 61-year-old fretted. The York, Pennsylvania, resident had finished her backyard, but as she guided her mower to the front, the scorching sun left her feeling weak as the arthritis in her knee flared painfully.

Taking a deep breath, Sharon was about to begin the second leg of her mowing when she saw a police car pass by—and suddenly, turn around. Stopping in front of her house, the officer climbed from her cruiser. *Oh no, what did I do?* Sharon worried.

But, flashing a friendly smile, Officer Bridgette Wilson told Sharon, “I’m going to take over mowing for you today. Sit down in the shade and rest.”

Sharon was shocked as she watched Officer Wilson take her place before the mower. “But aren’t you going to get in trouble?” Sharon asked. “You’re on duty right now, aren’t you?”

“I am,” Officer Wilson said. “But I’m taking over here.”

As Officer Wilson—in full uniform!—pushed the lawn mower back and forth, neighbors began to take notice. One came over with a bottle of water for her, which she immediately handed off to Sharon. And when Ryan Brunner, a local barber on his way to work, saw what was happening, he was so touched that he took out his phone to video the scene.

“What do I owe you?” Sharon asked gratefully when the job was completed.

“A smile,” Officer Wilson said simply, giving her a hug before climbing back into her police car and driving off.

But word of Officer Wilson’s kindness was already spreading across the community. Ryan had posted his video on social media, where it instantly went viral.

“I wanted to spread positivity,” Ryan says. “We would all make it so much further if, like Officer Wilson, we gave one another a helping hand.”

Ryan put that lesson into practice himself when he and the other barbers at his shop volunteered to take over Sharon’s lawn care—for good.



**“She is such a blessing to me!” Sharon (right) says of Officer Wilson (left)**

“It’s amazing,” Sharon smiles. “Officer Wilson was such a blessing! When she stopped, she wasn’t worried about losing her job: She just wanted to help me. That inspired me too. I recently paid it forward to someone who needed help buying their groceries, and I hope from that, more kindness grows.”

Officer Wilson feels blessed to have started a ripple effect of kindness. “In a time of division, where it’s easy to be discouraged, these small acts of kindness are a light,” she says. “No act is ever too small. Sharing little bits of hope can transform someone’s day. My job is to look at the world around me and see where there might be a need or an opportunity to help someone. When you answer that need and make a difference in someone’s life, it doesn’t just impact them: It impacts everyone influenced by them throughout their lifetime!”

—Alexandra Pollock

**Has someone come to your rescue?** Share your own story with us, and we’ll pay you \$250 if we publish it! Know of a hero? Send it to us! If you’re the first to share it and we publish it, we’ll pay you \$100! Email your story with your name and phone number to: [WWFeatures@WomansWorldMag.com](mailto:WWFeatures@WomansWorldMag.com). Or mail to: Everyday Hero, *Woman’s World*, 270 Sylvan Ave., Englewood Cliffs, NJ 07632.

**We pay  
\$250!**